

# COVID-19 Vaccines:

Your best shot against  
COVID-19.

Last Updated March 1, 2021

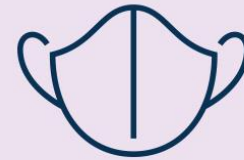


NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**



# Protecting each other from COVID-19 starts with the 3 Ws— Wear. Wait. Wash.

If you leave home, know your 3 Ws!  
¡Si sales de casa, recuerda las 3 Ms!



## WEAR

a cloth mask over  
your nose and mouth.

## MASCARILLA

Usar una mascarilla  
de tela cubriendo  
nariz y boca.



## WAIT

6 feet apart. Avoid  
close contact.

## MANTENER

6 pies (2 metros) de  
distancia. Evitar estar  
cerca de los demás.



## WASH

your hands or  
use hand sanitizer.

## MANOS

Lavarte las manos  
con frecuencia o usar  
desinfectante para manos.





**You'll soon be able to take  
a safe vaccine to protect  
you from getting COVID-19.**

**It's free to everyone.**

**Because vaccine supplies are  
currently limited, you may  
have to wait for your spot to  
take your shot.**

*Here's what you need to know.*

# Leading with equity: We must earn trust.

- Racism runs throughout our social, economic, and health care systems, causing unequal access to care, maltreatment, and neglect for historically marginalized communities. These longstanding and continuing racial and ethnic injustices in our health care system contribute to lack of trust in vaccines.
- North Carolina is drawing upon the experience and expertise of leaders from historically marginalized communities to develop and implement its vaccine plan.

**Tested, safe, and effective COVID-19 vaccines will help us get back in control of our lives and back to the people and places we love.**

- Scientists had a head start, and thousands of volunteers helped with clinical trials.
- The vaccines are tested, safe, and effective.
- You cannot get COVID-19 from the vaccine.
- Supplies will be limited at first.
- You have a spot to take your shot.

# Scientists had a head start.



- COVID-19 vaccines are built on years of work to develop vaccines for similar viruses.
- All available vaccines use technologies that researchers have been studying and working with for decades.

Dr. Kizzmekia Corbett is a viral immunologist at the Vaccine Research Center at the National Institute of Allergy and Infectious Diseases, National Institutes of Health. Dr. Corbett's team began the first stage of clinical trials. They took the knowledge they gained in the last six years of research and applied it to a vaccine platform in collaboration with Moderna. The vaccine rolled out 10 months later. Dr. Corbett is from Hurdle Mills, NC.

# The vaccines are tested, safe, and effective.



moderna

Johnson & Johnson

- All vaccines are rigorously tested for safety and effectiveness.
- More than 100,000 people volunteered in clinical trials for three vaccines—Pfizer-BioNTech, Moderna and Johnson & Johnson—to make sure the vaccines were safe and worked to prevent COVID-19.
- They protect you. Vaccines were found to help prevent COVID-19 and are effective in preventing hospitalization and death.
- There were no serious safety concerns in the clinical trials with any vaccine.
- You could have temporary reactions like a sore arm, fever, headache, or feeling tired and achy for a day or two.

# You cannot get COVID-19 from the vaccine.

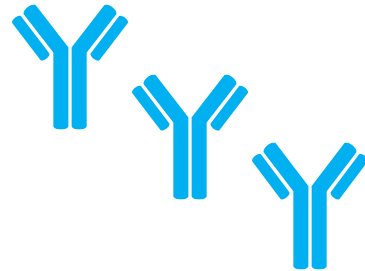
Vaccines safely increase your body's natural ability to fight the virus before the virus attacks you. That's how you win, and the virus loses. Here is how the Pfizer-BioNTech, Moderna, and Johnson & Johnson vaccines work:

**Vaccines imitate COVID without giving it to you.**

**Vaccine**



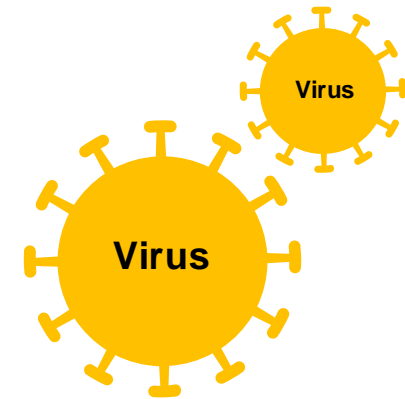
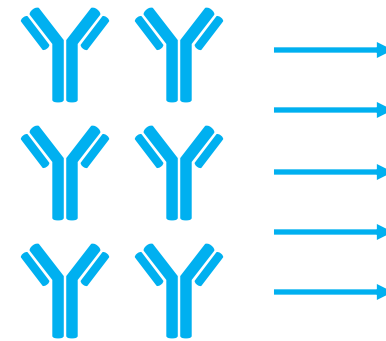
**Antibodies**



The Pfizer-BioNTech, Moderna, and Johnson & Johnson vaccines give your body instructions (mRNA or DNA) to make a protein that safely teaches your body how to make an antibody to fight COVID-19.

**You can fight off the real virus if it tries to attack you.**

**Antibodies**



After getting vaccinated, you develop the ability to fight off the real virus because your body is strong enough and knows how to win.



**Whether they are given in one shot or two, all vaccines help prevent COVID-19 and are effective in preventing hospitalization and death.**

*Johnson & Johnson*

*moderna*



- The Johnson & Johnson vaccine requires one shot to build up strong immunity against COVID-19.
- The Pfizer-BioNTech and Moderna vaccines require two shots to build up strong immunity against COVID-19. The second shot will come 3 to 4 weeks after the first.
- If your vaccine requires two shots, you will get a printed card and an email to remind you to come back 3 to 4 weeks later for your second dose. It is important to get two doses of the same vaccine.
- The COVID-19 Vaccine Management System helps us make sure people who receive a two-shot vaccine are safe and get the right second dose at the right time.

# Millions of people in the U.S. have received their vaccine.



“I want to be around my grandkids. I enjoy being out. The sooner people get vaccinated, the sooner we can finally get ahead of this. Just as more and more people began wearing masks, I think we’ll see a growing number of people who want to get vaccinated to protect themselves and others.”

Representative Shelly Willingham



Gladys Arellano Cabal of Charlotte, NC



Former Governor Jim Hunt



Frank Jones of Wilson, NC –  
Community Leader



Dr. John W. Hatch, professor emeritus,  
public health, UNC-Chapel Hill

# Your privacy and personal information are protected at all times.

- Nothing in the vaccine can be tracked—the protein your body makes cannot be tracked and it disappears after it finishes making you stronger.
- Personal information about your vaccination and health are protected at all times.
- We do not send any personal information to the CDC or ICE.
- To follow state law, North Carolina submits year of birth (not date of birth), the first 3 digits of the vaccine's recipient's zip code (as long as that zip code includes more than 20,000 people), as well as the date of submission of the vaccination record.

# Vaccines will be available to all—for free.

- Supplies will be limited at first.
- All of the COVID-19 vaccines currently available have been authorized and sent to states, but it will be some time before they are widely available to everyone.
- The best way to fight COVID-19 is to start first with vaccines aimed at helping to slow the spread and save lives.
- More people will be reached when the vaccine supply increases throughout 2021.
- The vaccines are free to everyone, even if you don't have health insurance.
- Rest assured: You have a spot to take your shot.



**Our goal is to  
vaccinate as many  
people as quickly  
and fairly as  
possible given the  
limited supply of  
vaccines.**

- Limited supply means we are prioritizing those at the higher risk of exposure to the virus and sickness and death.
- Demand for vaccines vastly exceeds our supply.
- Limited supply may result in wait times, but everyone will have a chance when their priority group is eligible and as vaccine supplies increase.

# Your best shot at stopping COVID-19.

YOU HAVE A  
**SPOT.** | TAKE YOUR  
**SHOT.**

1 Health Care Workers and Long-term Care Staff and Residents

ACTIVE GROUP

2 Older Adults

ACTIVE GROUP

3 Frontline Essential Workers

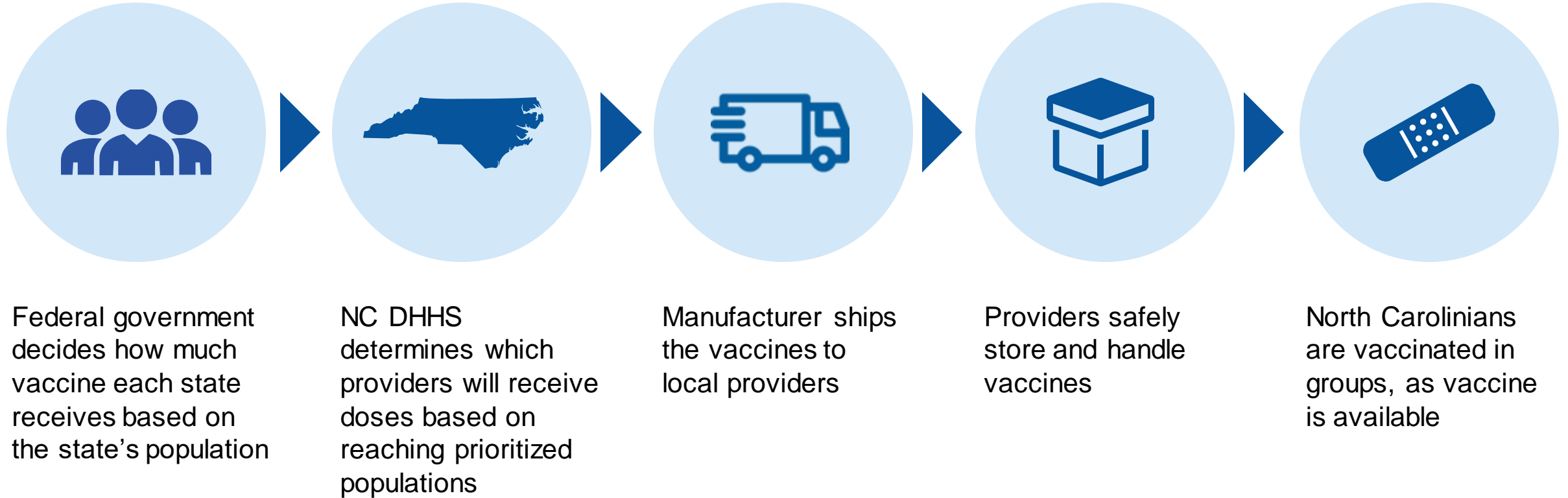
ACTIVE GROUP

4 Adults at Higher Risk for Exposure and Increased Risk of Severe Illness

5 Everyone



# North Carolina receives shipments of COVID-19 vaccine each week.



# Keeping everyone informed: You have a spot, take your shot.

- We are working hard to give North Carolinians the information they need to take their shot.
- Look for information at news conferences, our website, social media, and from trusted community leaders.
- Community leaders and organizations are helping to shape the campaign and are reaching out to the public.
- The goal is to provide all with a spot for honest information and updates on where they can get their shot.



**North Carolina is working to build better ways for more people to find information and a provider to get vaccinated.**

- **[YourSpotYourShot.nc.gov](https://YourSpotYourShot.nc.gov)** is your spot for reliable and accurate information.
- North Carolina's new **COVID-19 Vaccine Help Center** is available to answer your questions at **1-888-675-4567**.
- **Find My Group** helps people know when it is their turn to get a COVID-19 vaccine.
- **Find My Spot** helps people locate a COVID-19 vaccine provider when it's their turn.

# Online Resources | Find My Group and Find My Spot

Find My Vaccine Group

YOU HAVE A SPOT. TAKE YOUR SHOT.

Para usar este sitio web en español, seleccione español en el desplegue de la esquina derecha superior.

**Tested, safe and effective COVID-19 vaccines will help us get back in control of our lives and back to the people and places we love.**

A free COVID-19 vaccine will be available to all who want it, but supplies will be limited at first. We want to make sure people are vaccinated as quickly and fairly as possible, starting with people who are more likely to get COVID-19 and those more likely to get dangerously sick from it.

Use this tool to find your vaccine group.

This survey will not collect any private health information. There is an option at the end to enter contact information if you would like to be notified when you are eligible for vaccination.

Next

NC Vaccine Finder

Find A Vaccine Location

YOU HAVE A SPOT. TAKE YOUR SHOT.

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**Find Local Vaccine Providers Near You**

Use this tool to find COVID-19 vaccine locations near you in North Carolina. Enter your zip code or search by current location to find the closest vaccine providers.

Vaccine will be available to all who want it, but supplies are currently limited. You may have to wait.

North Carolina is currently vaccinating Groups 1 and 2. Not all vaccine providers may be ready to vaccinate your group yet. Don't know what group you're in? Visit [Find My Vaccine Group](#) to find your vaccination group.

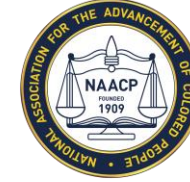
You will likely need an appointment to get vaccinated. You may have to wait to schedule your appointment to get your vaccine. Please contact the provider to find out which groups they are currently vaccinating.

Search by zip code or current location

5 Miles 10 Miles 25 Miles No Limit

Map showing vaccine locations near Richmond, Virginia.

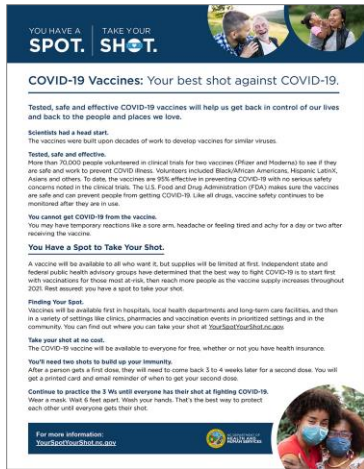
Leading medical  
and professional  
organizations are  
encouraging  
Americans to get  
vaccinated.



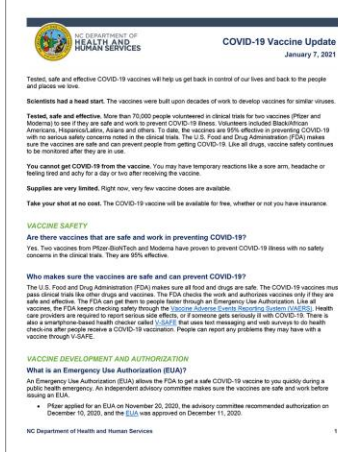
# Online Resources | Updated Regularly

## YourSpotYourShot.nc.gov

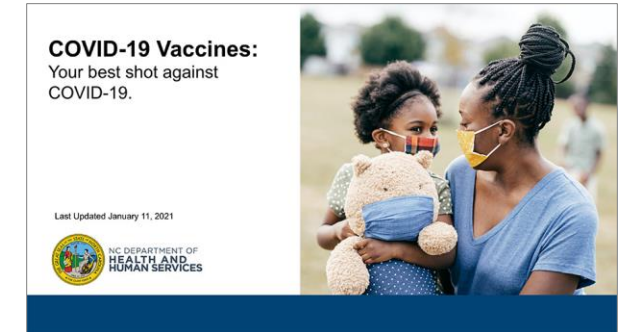
Flyers in English and Spanish on COVID-19 vaccines to distribute



Frequently Asked Questions (updated weekly)



COVID-19 vaccines 101 deck

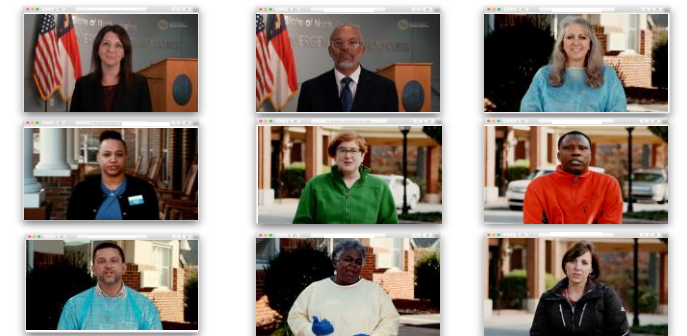


## Prioritization Information



Our online toolkit is your spot for ready-made materials to help you communicate about safe and effective COVID-19 vaccines.

PSA videos from trusted messengers





# Keep practicing the 3 Ws: Wear, Wait, and Wash.

**If you leave home, know your 3 Ws!**  
**¡Si sales de casa, recuerda las 3 Ms!**

 <b>WEAR</b> a cloth mask over your nose and mouth. <b>MASCARILLA</b> Usar una mascarilla de tela cubriendo nariz y boca.	 <b>WAIT</b> 6 feet apart. Avoid close contact. <b>MANTENER</b> 6 pies (2 metros) de distancia. Evitar estar cerca de los demás.	 <b>WASH</b> your hands or use hand sanitizer. <b>MANOS</b> Lavarte las manos con frecuencia o usar desinfectante para manos.
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**@NCDHHS** **#StayStrongNC**

- Getting the COVID-19 vaccine and following the 3 Ws is everyone's best protection from getting and spreading COVID-19.
- Continue using the 3 Ws and limiting social gatherings until most people are vaccinated.
- Getting as many people as possible vaccinated quickly will also help stop the spread of COVID-19 variants—and get us back in control of our lives and back to the people and places we love.
- Getting back in control, getting back to family and friends, and getting kids back to school will take some time—but the COVID-19 vaccine and the 3 Ws will get us there quicker and safer.

**Let's work together to share information.  
Help distribute information and materials:  
[YourSpotYourShot.nc.gov](https://YourSpotYourShot.nc.gov)**

- **Help direct people to “their spot” for reliable information about the vaccine:** Maybe it's you, now that you have new vaccine knowledge
- **Show people that you trust the safety and effectiveness of the vaccines:** Share your positive experience when you have your shot against COVID-19—use our tip sheet to create and share your own video to promote vaccination:  
[files.nc.gov/covid/documents/vaccines/NC-Vaccine-Selfie-Video-Tip-Sheet.pdf](https://files.nc.gov/covid/documents/vaccines/NC-Vaccine-Selfie-Video-Tip-Sheet.pdf)
- **Use and share the COVID-19 vaccine communications materials to make sure more North Carolinians have accurate and up-to-date information on the vaccines:** Find them at [YourSpotYourShot.nc.gov](https://YourSpotYourShot.nc.gov)





Let's talk.